

date

company

address

title  forename

surname

tel

mobile

email

The PPA is a validated, positive, non-critical, behavioural analysis of a person, emphasising his / her strengths and capabilities in the work environment. The PPA is not a test. You cannot 'pass' or 'fail' it.

### How to complete the PPA:

1. Think of yourself in your work situation.
2. Examine one line of four words at a time.
3. In each line select the word that **Most** describes you in the work situation and place an **M** in the box to the right of the word.
4. Choose a word from each line which **Least** describes you in the work situation and place an **L** in the box to the right of that word.
5. Each completed line must contain one **M** and one **L**.
6. Your first thought is probably the right one.
7. The exercise should take about 8 minutes to complete, without interruption and preferably in isolation.

| example | kind <input type="checkbox"/> | admirable <input type="checkbox"/> | resigned <input type="checkbox"/> | force-of-character <input type="checkbox"/> |
|---------|-------------------------------|------------------------------------|-----------------------------------|---|
| 1       | kind                          | admirable                          | resigned                          | force-of-character                          |
| 2       | animated                      | well-disciplined                   | persistent                        | generous                                    |
| 3       | modest                        | authoritative                      | contented                         | cheerful                                    |
| 4       | conventional                  | gentle                             | insistent                         | playful                                     |
| 5       | life-of-the-party             | fussy                              | confrontational                   | soft-touch                                  |
| 6       | frank                         | compassionate                      | expressive                        | careful                                     |
| 7       | adaptable                     | supportive                         | driven                            | engaging                                    |
| 8       | inquisitive                   | inspiring                          | helpful                           | conscientious                               |
| 9       | enthusiastic                  | dependable                         | decisive                          | analytical                                  |
| 10      | competitive                   | perfectionist                      | charming                          | tolerant                                    |
| 11      | sociable                      | patient                            | soft-spoken                       | self-reliant                                |
| 12      | networker                     | entrepreneurial                    | systematic                        | calm  |
| 13      | pioneering                    | optimistic                         | accommodating                     | respectful                                  |
| 14      | meticulous                    | persevering                        | lively                            | trusting                                    |
| 15      | thoughtful                    | persuasive                         | logical                           | assertive                                   |
| 16      | friendly                      | diplomatic                         | reflective                        | bold  |
| 17      | prudent                       | comforting                         | good-mixer                        | risk-taker                                  |
| 18      | upbeat                        | reasonable                         | detailed                          | direct                                      |
| 19      | compliant                     | daring                             | talkative                         | obliging                                    |
| 20      | firm                          | rational                           | understanding                     | good-humoured                               |
| 21      | jovial                        | even-tempered                      | courageous                        | precise                                     |
| 22      | convincing                    | cautious                           | determined                        | good-natured                                |
| 23      | companionable                 | accurate                           | outspoken                         | restrained                                  |
| 24      | fearless                      | laid-back                          | popular                           | wary  |

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